S.M.Shetty College of Science, Commerce & Management Studies, Powai. Permanently Affiliated to University of Mumbai. NAAC ACCREDITED 'A' GRADE ISO 21001:2018 CERTIFIED IMC RBNQ CERTIFICATE OF MERIT 2019

Activity Approval Format

Date: 29-7-2021

Program: Online Quiz

Need: To check the awareness of healthy eating & fitness.

Objective: Awareness about good life style.

Content: Eating habits, benefits of exercise, basic knowledge about health.

Resource Person: --

Date: 5-8-2021 **Time:** 10:00 am to 5:00 p.m **Venue:** Online Mode

Cost/Budget: NA

Proposed By: Health Club

H. Dula

Verified By:



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Minutes of the meeting

Date: 28-7-20201

Time: 1:00 p.m

Mode: Whatsapp Call

Following things were discussed in the meeting:-

The agenda of the meeting was to discuss the quiz competition for students related to health & fitness to be held on 5th August,2021. Students scoring 60% above will be receiving certificates. Work allocated: Quiz: Asst.Prof. Himani & Certificate: Asst.Prof. Vinay.

Health Club In-charge:

Asst. Prof. Himani Shukla

Health Club Members:

Asst. Prof. Vinay Vilas Shahapurkar

Asst.Prof.Utkarsh Kapadia



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Notice

Date: 5/8/2021

"Of all the knowledge, that most worth having is knowledge about health! The first requisite of a good life is to be a healthy person. - Herbert Spencer."

Hello Everyone! 🙏

Warm Greetings from the

Health Club 🧘 of

Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai iii is conducting a Quiz on Healthy Eating & Fitness.

For : All UG & PG Students 🧕 👳

Quiz Form Link: https://forms.gle/y2dAm5CmXUn4WVWS8

:5th August, 2021.

🧑 : 10:00 am to 5:00 pm.

Passing Criteria: 60% & Above 💆 💆

Students scoring 60% above will be receiving ** e-CERTIFICATE ** in their mail.

For any queries, contact at:

himanis@smshettyinstitute.org



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Report

Organized by: Health Club

Event: Online Quiz on Health & Hygiene

Topic: Healthy Eating & Fitness

Date: Thursday – 5th August, 2021

Timing: 10:00 am -5:00 pm

Venue: Online Mode

Scope: Students

Resource Person: --

Objective: To check & inculcate knowledge of students regarding health, hygiene & fitness.

Highlights:

Total 57 responses were received & all the participants scoring 60% & above were awarded with certificate of participation (through email).

Health Club In-charge:

Asst.Prof.Himani Shukla

Health Club members:

Asst.Prof.Vinayak Shahapurkar

Asst.Prof.Utkarsh Kapadia



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Participant List

Sr. No	Email Address	Name	College	Gender
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			College	

Certificate



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NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified

Certificate of Participation

This is to certify that

Mr./Ms. <u>Archana Chauhan</u> from <u>S.M.Shetty College</u> has successfully completed online Quiz on "*Healthy Eating & Fitness*" organised by Health Club on 5th, August 2021.

Score: 67%

H. Dula

Asst.Prof.Himani Shukla Health Club In-charge rel

Asst.Prof. Sandesha Shetty Vice Principal L8-1

Dr.Liji Santosh Vice principal - JESM

Dr. Sridhara Shetty Principal

